

Anaesthetic Block Pain Journal

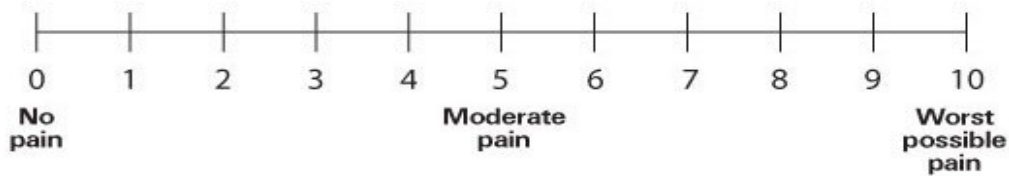
Procedure: _____

Bring to next appointment

Radiologist: _____

Send in results by _____

Pre-Injection Pain Level



Post-Injection Pain Level



Over the next 8 hours it is very important to engage in the activities that typically cause your pain and record your pain level on the chart below during that time. This is a diagnostic test and these results are important in helping determine the next step in your treatment plan.

Please refrain from taking any pain medication for the next 8 hours unless absolutely necessary as this will impact the diagnostic results of the test. If you must take pain medication, please make a note of the name of the medication and the time it was taken.

Time ↓	Pain Level →	0	1	2	3	4	5	6	7	8	9	10
	1 hour											
	2 hours											
	3 hours											
	4 hours											
	5 hours											
	6 hours											
	7 hours											
	8 hours											

Do you believe you had significant relief from the anaesthetic during this test?

YES/NO

Anaesthetic Block Post Care Instructions

1. You may experience some mild discomfort at the injection site as the local anesthetic wears off. Please avoid using pain medication and ice on the area for 8 hours following your injection to ensure your diagnostic results are accurate. After this time if your pain persists please try the following:
 - Apply ice to the area of treatment.
 - If you normally take over the counter pain medication you can try a medication like Tylenol or Advil (up to 2 tablets every 4-6 hours) or as prescribed by your physician.
2. Today's procedure was performed under sterile conditions and the risk of infection is very low. Contact your family doctor or go to a hospital emergency department if there are signs of infection such as swelling, warmth, redness, fever, or chills.
3. Keep the area clean and dry. Avoid hot tubs, pools, or baths for 48 hours. You can shower.
4. You may experience temporary weakness in the leg(s) following this injection. This will resolve as the anaesthetic begins to wear off. Please use caution when standing and walking for the rest of the day.
5. You should not drive or operate heavy machinery for 24 hours after your treatment.

Please return your completed pain journal to *Beam Radiology* as soon as possible. This will allow our physicians to facilitate any future treatment plans as soon as possible for you. **Please return** via fax **(587)885-2989** OR email booking@beamradiology.com

If you have any questions or concerns, please call the clinic at 587-885-2988. Our regular hours of operations are Monday to Friday, 8:00 am to 4:00 pm. If this is an emergency please go directly to the nearest emergency department.

Thank you for choosing Beam Radiology for your care.

www.beamradiology.com